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User's Manual

For the Following Models:



MV-3900
Microwaveable Moist Heat Gloves







MV-3910
Microwaveable Moist Heat Socks

Please carefully read through this manual before first use, and store it in safe place. If you pass the product to another person, hand over this manual along with it!

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1. Explanation Symbols

	DANGER: Warning of risk of serious injury or health hazards
	WARNING: Warning of risk of injury or health hazards
	CAUTION: Safety information about possible damage to appliance/ accessories
	NOTE: Important information

2. Intended Use of Product



- For indoor use, this product is not designed for hospital/ medical use.
- Use the product only for its intended use described in the manual.
- Recommended for: Soothing moist heat therapy.

3. Safety Instruction

All below information serves to protect health of user and the health of other person. Also protects the product from any damage while using.



- Use the product only for its intended use as described in this manual.
- Please check product everytime before use. If there is any damage visible, stop using immediately and contact professional retailer.
- Do not use this product in conjunction with liniments, balms, lotions, oils or gels.
- If overheated, check the moist heat pack for damage. If there is any sign of damage on the pack, stop using immediately.
- Choking hazard!! Keep the product out of reach and sight of children.

4. Health Precautions



- Please consult a doctor before use if you:
 - ▶ Have diabetes
 - ▶ Have neurological or circulatory problems
 - ▶ Have skin sensitivity to heat or dermatitis
 - ▶ Are experiencing serious acute pain
 - ▶ Are experiencing persistent chronic pain
 - ▶ Are experiencing altered temperature sensitivity at the treatment site
- If you have any concerns regarding your health, consult your doctor before using this product.

- Please stop using it immediately if you experience any pain or discomfort while using this product.

5. Scope of Delivery (Accessories)

MV-3900:

- a pair of warming gloves
- 2 removable microwaveable moist heat inserts
- User's manual

MV-3910:

- a pair warming socks
- 2 removable microwaveable moist heat inserts
- User's manual

6. Appliance Description & Operation



WARNING

Please check product everytime before use. If there is any visible damage, stop using immediately and contact professional retailer. Clean the microwave to eliminate food articles and/or fluid residue. These particles and residues may create “hot spots” on the moist heat pack.



WARNING

Do not microwave the gloves/ socks with the moist heat pack.

1. Remove inner moist heat pack from the gloves/ socks. Make sure moist heat pack is at room temperature.
2. Suggest spray some water on the moist heat pack before heating.
3. Place the packs in clean microwave and heat in 30 seconds intervals until desired warmth is reached.



WARNING

(Do not exceed 1.5 minutes.)

Flip over the moist heat pack every 30 seconds when heating in the microwave.

4. Test for “hot spots” before using.
5. Insert the pack into gloves or socks and they are ready to use.
Do not use the inner moist heat pack alone, always use with gloves/ socks.



CAUTION

For maximum therapeutic effectiveness, treatment time should not exceed 20 minutes.



WARNING

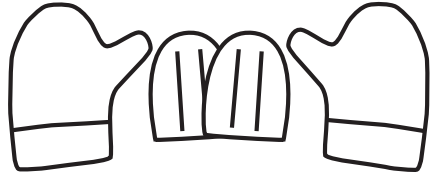
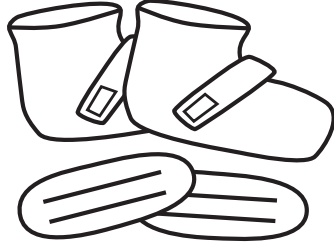
Always allow the moist heat pack to rest for a minimum of 2 hours before reheating. (Dryer climates may require additional time). This will allow the moist pack to re-absorb moisture from the air.



WARNING

Do not use more than 4 times in 24 hours.


7. Technical Data & Material

<p>1. Product Name: Moist Heat Gloves Model No.: MV-3900N Feature: Ideal to relieve pain and stiffness on hands Glove Size: 26 x 19 cm Material: velour & polyester Color: Pink Moist Heating Pack Size: 19 x 13 cm Material: Non-woven fabric, moist beads Color: white</p>	
<p>2. Product Name: Moist Heat socks Model No.: MV-3910N Feature: Ideal to relieve pain and stiffness on feet Sock Size: 40# (25 cm/ 10"), 45# (28 cm/ 11") Material: velour & polyester Color: blue Moist Heating Pack Size: 24 x 11 cm Material: Non-woven fabric, moist beads Color: white</p>	

8. Product Features

- Generates moist heat to relieve pain and stiffness caused by arthritis
- Removable, reusable microwaveable insert
- Gloves & socks are hand washable after removing the insert packs
- Velour material for extra comfort
- Easy to use
- Safe and non-toxic material, latex free

9. Care & Storage Instruction

-  - To clean the product: remove moist heat pack from the gloves/socks first. The gloves/socks are hand washable.
- Only surface wipe (clean water only) with damp cloth if the moist heat pack becomes soiled.
 - Do not immerse the moist heat packs in any liquids; this will destroy the pack.
 - Allow to air dry thoroughly before storage.
 - Keep away from heat sources.
 - Store in a clean and dry place.

10. Disposal



Disposal of packing and product after end of lifetime.

Deliver all packing materials at a collection point or in the appropriate bins for recycling.

11. Warranty



The statutory warranty period applies. If the product is defective, please contact the manufacturer's service centre (see service e-mail at the end of this manual) or your retailer. For repair and warranty processing, please include the following documents when you send in the product:

- A copy of the receipt with purchasing date.
- A reason for the claim or description of the fault.

No guarantee is provided when the product is not installed / operated according to this manual, used for other purposes or careless use of the product.

12. Distribution & Service

Distribution by ObboMed Group:

Webshop: www.obbomed.com

Europe:

Morseweg 11, 8503 Ah Joure,
The Netherlands

Mail: service-eu@obbomed.com

United States:

377 South Acacia Avenue, Fullerton,
CA 92831, USA

Mail: service@obbomed.com