

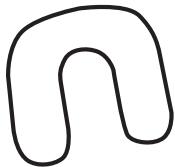


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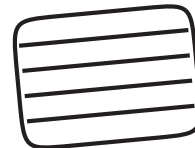
User's Manual

For the Following Models:
ObboMed Microbeads Moist Heat Series

1. MV-4420N



2. MV-4430N



3. MV-4440N



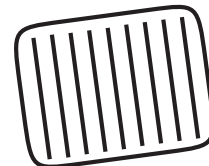
4. MV-4441N



5. MV-4450N



6. MV-4470N



7. MV-4490N



8. MV-4580N







Please carefully read through this manual before first use, and store it in safe place. If you pass the product to another person, hand over this manual along with it!

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1. Explanation Symbols

	DANGER: Warning of risk of serious injury or health hazards
	WARNING: Warning of risk of injury or health hazards
	CAUTION: Safety information about possible damage to appliance/ accessories
	NOTE: Important information

2. Intended Use of Product



- For indoor use, this product is not designed for hospital/ medical use.
- Use the product only for its intended use described in the manual.
- Recommended for: Soothing moist heat therapy.

3. Safety Instruction

All below information serves to protect health of user and the health of other person. Also protects the product from any damage while using.



- Use the product only for its intended use as described in this manual.
- Please check product everytime before use. If there is any damage visible, stop using immediately and contact professional retailer.
- Do not use this product in conjunction with liniments, balms, lotions, oils or gels.
- If overheated, check the moist heat pack for damage. If there is any sign of damage on the pack, stop using immediately.
- Choking hazard!! Keep the product out of reach and sight of children.

4. Health Precautions



- Please consult a doctor before use if you:
 - ▶ Have diabetes
 - ▶ Have neurological or circulatory problems
 - ▶ Have skin sensitivity to heat or dermatitis
 - ▶ Are experiencing serious acute pain
 - ▶ Are experiencing persistent chronic pain
 - ▶ Are experiencing altered temperature sensitivity at the treatment site
- If you have any concerns regarding your health, consult your doctor before using this product.

- Please stop using it immediately if you experience any pain or discomfort while using this product.

5. Scope of Delivery (Accessories)

General:

- One moist heat pack
- One blue, machine washable cover for moist heat pack
- User's manual

Special:

- MV-4441: One elastic and adjustable wrap for the waist area
- MV-4580N: No blue cover

6. Appliance Description & Operation



Please check product everytime before use. If there is any visible damage, stop using immediately and contact professional retailer. Clean the microwave to eliminate food articles and/or fluid residue. These particles and residues may create “hot spots” on the moist heat pack.



Do not microwave the blue cover with the moist heat pack.

1. Make sure moist heat pack is at room temperature.
2. Suggest spray some water on the moist heat pack before heating.
3. Place the pack in clean microwave and heat in 30 seconds intervals until desired warmth is reached.



(Do not exceed 1.5 minutes.)

Flip over the moist heat pack every 30 seconds when heating in the microwave.

4. Test for “hot spots” before using.
5. Insert the heated pack into the cover (or the wrap), and apply the pack to the area you wish to treat.



For maximum therapeutic effectiveness, treatment time should NOT exceed 20 minutes.

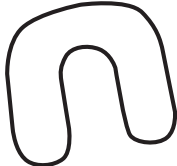


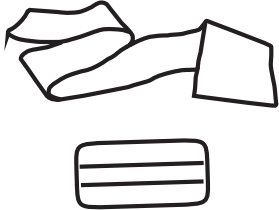
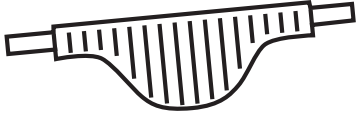
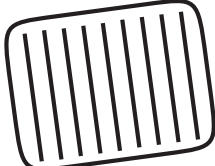




Always allow the moist heat pack to rest for a minimum of 2 hours before reheating. (Dryer climates may require additional time.) This will allow the moist pack to re-absorb moisture from the air.



Do not use more than 4 times in 24 hours.


7. Technical Data & Material

<p>1. Product Name: Nape Pack, Model No.: MV-4420N, Size: 33 x 25.5 cm Material: Non-woven fabric, moist beads Feature: Ideal for relieve neck and shoulder pain</p>	
<p>2. Product Name : Standard Pack Model No: MV-4430N, Size: 22.5 x 30.5 cm Material: Non-woven fabric, moist beads Feature: Ideal for most parts of the body</p>	
<p>3. Product Name: Small Pack for Joint Model No.: MV-4440N, Size: 12.7 x 30.5 cm Material: Non-woven fabric, moist beads Feature: Convenient personal size, ideal for treating smaller area</p>	
<p>4. Product Name: Small Pack with Waist Wrap Model No.: MV-4441N, Size: 12.7 x 30.5 cm Adjustable Belt: 12 x 96.5 - 140 cm Material: Non-woven fabric, moist beads Feature: Includes a convenient wrap, ideal for treating waist area</p>	
<p>5. Product Name: Neck Pack Model No.: MV-4450N, Size: 56 x 16.5 cm Material: Non-woven fabric, moist beads Feature: Specially contoured for aching neck and shoulder muscles</p>	
<p>6. Product Name: King Pack Model No.: MV-4470N, Size: 24.5 x 40.5 cm Material: Non-woven fabric, moist beads Feature: Extra large coverage, ideal for upper/ lower back</p>	
<p>7. Product Name: Forehead Pack Model No.: MV-4490N, Size: 15 x 22.5 cm Material: Non-woven fabric, moist beads Feature: Safe, fast effective relief from sinus pain and headache</p>	
<p>8. Product Name: Mitten Pack Model No.: MV-4580N, Size: 20 x 30.5 cm Material: Non-woven fabric, moist beads, purified cotton canvas, 100% polyester Feature: Designed for the treatment of carpal tunnel syndrome, arthritis and stiffness</p>	


8. Product Features

- Generate moist heat to relieve pain and stiffness caused by arthritis
- Microwaveable and heats up in 1 minute
- Includes a blue, machine washable cover
- Safe and non-toxic materials, latex free


9. Care & Storage Instruction

-  - Only surface wipe (clean water only) with damp cloth if the moist heat pack becomes soiled.
- Do not immerse the pack in any liquids.
- Allow to air dry thoroughly before storage.
- Keep away from heat sources.
- Store in a clean and dry place.

10. Disposal

-  Disposal of packing and product after end of lifetime. Deliver all packing materials at a collection point or in the appropriate bins for recycling.

11. Warranty

-  The statutory warranty period applies. If the product is defective, please contact the manufacturer's service centre (see service e-mail at the end of this manual) or your retailer. For repair and warranty processing, please include the following documents when you send in the product:
 - A copy of the receipt with purchasing date.
 - A reason for the claim or description of the fault.No guarantee is provided when the product is not installed / operated according to this manual, used for other purposes or careless use of the product.

12. Distribution & Service

Distribution by ObboMed Group:

Webshop: www.obbomed.com

Europe:

Morseweg 11, 8503 Ah Joure,

The Netherlands

Mail: service-eu@obbomed.com

United States:

377 South Acacia Avenue, Fullerton,

CA 92831, USA

Mail: service@obbomed.com